

Keeping Safe





This information is from Hampshire Safeguarding Adults Board.



Safeguarding means services working together to keep a **vulnerable** person safe from abuse or neglect.



This leaflet is about some of the ways to keep people safe.



There is more information on our website:

www.hampshiresab.org.uk

Mate crime



Mate Crime is when someone who you think is your friend abuses you or treats you badly.

Safer Places



These are places like shops or cafes where you can go if you do not feel safe.

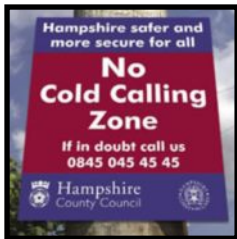


They can telephone someone who can come and help you.



No Cold Calling Zone

Cold calling is when people come to your home and try to sell you things.



No cold calling signs can stop people doing this.

If you live in one of these areas, it can be easier to say 'no' to people who come to the door.

Making Money Matter



This is a booklet and 4 films to help people with learning disabilities:

- know their rights when they buy things



- manage their money



- not get into debt and owe money.



Buy with Confidence

This is a list of people you can trust to sell you something or do work in your home.



Safe and Sound

This leaflet is about your rights when you buy something and how to stay safe in your home.



**If you are worried –
tell someone**

Please contact:

Hampshire Adult Services

Telephone: **0300 555 1386**



The police

Telephone: **101**
or **999** if someone is in danger.



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